



## Welcome to Sacred Heart Church ! ¡Bienvenidos a la Iglesia Sagrado Corazón!

*We are a community of believers centered on the Eucharist, the Word of God and Catholic tradition. Together, we give witness to our faith through the Sacraments, good works of service and prayer.*

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*Somos una comunidad de creyentes centrados en la Eucaristía, la Palabra de Dios y la tradición católica. Juntos damos testimonio de nuestra fe a través del Sacramentos, buenas obras de servicio y oración.*

2410 Fifth St. -  
Tillamook, OR 97141  
Phone: 503-842-6647  
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Fax 503-842-3897

**PARISH WEBSITE/SITIO WEB**  
[www.tillamooksacredheart.org](http://www.tillamooksacredheart.org)  
Like us on Facebook!

**\*\*CHECK WEBSITE FOR OUR BULLETINS\*\***

**Office Hours / Horas de Oficina**  
Tuesday-Friday - Martes-Viernes  
9:00 am-4:00 pm

**CLOSED MONDAY / CERRADO LOS LUNES**

**PARISH STAFF /**  
**PERSONAL DE LA PAROQUIA**

Father Amal  
Administrator  
[iamalanathan@gmail.com](mailto:ialamanathan@gmail.com)  
After hours Rectory phone- 503-922-1199

Anna M. Orta  
Secretary/Hispanic Associate  
[sacredheart2405@gmail.com](mailto:sacredheart2405@gmail.com)

### **Mass/Misa**

Monday - Friday / Lunes - Viernes 8:00 am

Saturday Vigil / Sabado Vigilia 5:30  
Sunday / Domingo 9:30 am  
Spanish Mass / Misa en Español  
12:00 medio día

### **Confessions/Confesiones**

Friday/Viernes 5-5:45pm By Appt./Con Cita

Saturday/Sábado: 4:00 - 5:00pm  
Sun./Dom.: 11-11:45am By Appt./Con Cita

### Prayer - a filial dialogue!

Many ingredients of prayer, namely praise, worship, hope, surrender, contrition, confession and supplication, are seen in the Lord's Prayer which is the shortest, yet the loftiest of all prayers. The plea of the disciples to Jesus arose not because they desired a discourse on prayer but they wanted to know how to pray and what to pray.

The stress in the whole prayer is on 'your' (God's), not on 'my', which is what today's self-seeking society tells us to strive for. Abraham, the father of faith sets the best example by praying not for himself, but for his people; the new Abraham, Jesus, even at the last minute did not pray for the cup of suffering to be removed but prayed for the strength to carry the cross.

Prayer is a tool to enter into an intentional dialogue and eventually a cordial relationship with God as any child would do with his/her parents. "It's the doorway to enter into the Trinitarian relationship", in the words of St. Augustine, "and it is in that relationship a spiritual bond is maintained to pursue on our journey of faith". Count no words but "Pray constantly!" (1 Thes 5:17); yet, if we get stuck, let us but say, "Lord, teach us to pray!"

Fr. Amal

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### La Oración - ¡Un Diálogo Filial!

La oración del Señor, que es la más breve, es la más breve de todas las oraciones, a saber: alabanza, adoración, esperanza, entrega, arrepentimiento, confesión y súplica. La súplica de los discípulos a Jesús no surgió porque deseaban un discurso sobre la oración, sino que querían saber cómo orar y qué orar.

El énfasis en toda la oración está en "tu" (Dios), no en "mi", que es lo que la sociedad de búsqueda de sí mismo de hoy nos dice que debemos esforzarnos. Abraham, el padre de la fe, da el mejor ejemplo al orar no por sí mismo, sino por su pueblo; El nuevo Abraham, Jesús, incluso en el último minuto no oró para que la copa de sufrimiento fuera removida, sino que oró para que la fuerza llevara la cruz.

La oración es una herramienta para entrar en un diálogo intencional y, finalmente, una relación cordial con Dios como cualquier niño haría con sus padres. "Es la puerta para entrar en la relación trinitaria", en palabras de San Agustín, "y es en esa relación que se mantiene un vínculo espiritual para seguir en nuestro viaje de fe". No cuente las palabras sino "¡ore constantemente!" (1 Tes. 5:17); sin embargo, si nos quedamos estancados, digamos, "¡Señor, enséñanos a orar!"

Padre Amal

**Volunteer Ministry Coordinators  
Coordinadores Voluntarios**

**Eucharistic Ministers / Ministros de Eucaristía**  
Pat Kehr 503-842-2249  
patkehr@centurylink.net

**Eucharistic Adoration / Adoración Eucarística**  
Andrea Guerra 503-209-4772

**Facility Maintenance / Mantenimiento de Edificios**  
Hank Gollon 503-842-2354  
hjpgollon@embarqmail.com

**Home-bound / Confiado en Casa**  
Sandy Pervine 503-936-3669

**Music / Música**  
Kathy Ellis (5:30) 503-812-3413  
Barbara Seaholm (9:30) 503-842-2918  
Israel Pozos (noon) 503-812-5591

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**Committee Chair / Presidente de Comité**

**Pastoral Advisory / Asesor Pastoral**  
Nicholas Williams 503-842-1409  
williamn14@up.edu

**Finance Advisory / Asesor de Finanzas  
Business Manager/Gerente de Negocios**  
Judy Gollon 503-812-3080  
busmanager2405@gmail.com

**Liturgy Committee / Comité de Liturgia**  
Suzanne Weber 503-842-5612  
suzannetom@ambarqmail.com

**Cemetery Committee / Comité del Cementerio**  
Bob Willhite 503-842-2021  
bob.willhite32@gmail.com

**Catholic daughters / Hijas Católicas**  
Pat Kehr 503-842-2249  
patkehr@centurylink.net

**Luncheon Committee / Comité de Almuerzos**  
Elaine Durrer 503-801-4542  
durrerelaine@gmail.com

**Knights of Columbus / Caballeros de Colon**  
Paul Wostel 503-842-2676



# Faith Formation

2019-2020

Now that VBS is over, we will start thinking about our Faith Formation Program for this year.

The sacramental preparation for the first Communion will be a two year program. This means that your children will have to attend first grade to be able to receive the sacrament of First Communion when they are in the second grade.

The Confirmation program will also be a two year program for all youth starting their first year of High School.

All programs including RCIA program will start in September. Stay tuned for more information as for time and dates as we prepare for our Faith Formation program. Registration forms are available in the vestibule

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## Formación En La Fe 2019-2020

Ahora que VBS ha terminado, comenzaremos a pensar en nuestro Programa de Formación en la Fe para este año.

La preparación sacramental de Primera Comunión será un programa de dos años. Esto significa que sus hijos tendrán que asistir al primer grado para poder recibir el sacramento de la primera comunión cuando estén en segundo grado.

El programa de Confirmación también será un programa de dos años para todos los jóvenes que comienzan su primer año de escuela secundaria.

Todos los programas, incluyendo RICA comenzarán en septiembre. Manténgase informado para obtener más información sobre la hora y las fechas mientras nos preparamos para nuestro programa de Formación en la Fe. Las formas de inscripción esta disponibles en el vestibulo.

**St Joseph's Catholic Church  
(Mission Parish)**

34560 Parkway Dr  
PO Box 9  
Cloverdale, OR 97112  
Phone; 503-392-3685



Mass Time: Sat-5:30 pm Sun-9:30 am



Activities/ Actividades	Time/ Hora	
<b>Monday/ Lunes July 29</b>		
<b>Tuesday/Martes July 30</b>		
Morning Prayer/Oración de la Mañana	7:45 am	
Mass in English/Misa en Ingles	8:00 am	H - Dave Nibler
Rosary/Rosario	8:30 am	
Liturgy / Liturgia	6:00 pm	
<b>Wednesday/Miércoles July 31</b>		
Morning Prayer/Oración de la Mañana	7:45 am	
Mass in English/Misa en Ingles	8:00 am	Knights of Columbus
Rosary/Rosario	8:30 am	
Prayer Group/Grupo de Oracion	1:00 pm	
<b>Thursday/Jueves August 01</b>		
Morning Prayer/Oración de la Mañana	7:45 am	
Mass in English / Misa en Ingles	8:00 am	Finance Council
Rosary	8:30 am	
Bible Study/Estudio de Biblia	1:00 pm	
<b>Friday/Viernes August 02</b>		
Morning Prayer/Oración de la Mañana	7:45 am	
Healing Mass/Misa de Sanación	8:00 am	Liturgy Committee
Adoration/Adoración	8:30 am	
Chaplet of the Divine Mercy & Repose/Coronilla de la Divina Misericordia & Reposo	3:00 pm	
<b>Saturday/Sábado August 03</b>		
First Saturday Mass	9:00 am	
Confesiones/confesiones	4:00 pm	
Rosary/Rosario	5:00 pm	
Vigil Mass /Misa de Vigilia	5:30 pm	Lectors
<b>Sunday/Domingo August 04</b>		
Rosary in English/Rosario en Ingles	9:00 am	
Mass in English	9:30am	People of the Parish
Misa en Español	12.00pm	T - Juan & Octavio Martinez



<b>Liturgical Ministers / Ministros de Liturgia</b>	
<b>Saturday/sábado August 3, 2019</b>	<b>5:30 pm.</b>
Lector:	Suzanne Weber
Eucharistic Ministers	A-2
Altar Servers	Team #3
<b>Sunday/Domingo August 4, 2019</b>	<b>9:30am .</b>
Lector:	Luke Kralik
Eucharistic Ministers	B-2
Altar Servers	Team # 2
<b>Sunday /Domingo August 4, 2019</b>	<b>12 noon .</b>
Lector:	Lilia Leon
Ministros de Eucaristía	Grupo # 4
Acólitos:	Jesus & Yaneth Saucedo



**Church Cleaning Group  
Limpieza de la Iglesia #1**

Andrés y Dolores Sánchez,  
Francisca Villagómez, Oralia  
Villanueva, Azucena, Jimena Y  
Marisol García

If you would like to help call/  
Si gusta ayudarnos llame **503-801-1422**

Holy Spirit, come and enlighten my heart  
so that I may know the great love that the  
Father expresses to me in Jesus Christ, my  
Lord.

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Espíritu Santo, ven e ilumina mi corazón  
para que yo pueda conocer el gran amor  
que el Padre me expresa en  
Jesucristo, mi Señor.

**St. Martha - Memorial, July 29th**

St. Martha, whose feast day falls on July 29<sup>th</sup>, has something of a poor reputation. The first thing people tend to think about when they hear her name is her being chastised by the Lord.

Her sister Mary was sitting at Jesus' feet, hanging on his every word while Martha was busy doing housework and serving their guests. She asks Jesus, "Lord, do you not care that my sister is leaving me to do the serving all by myself? Please tell her to help me. But the Lord answered, 'Martha, Martha,' he said, 'you worry and fret about so many things, and yet few are needed, indeed only one. It is Mary who has chosen the better part, and it is not to be taken from her.'" (Luke 11:40-42)

Indeed, there are whole books on how to be more like Mary and less like Martha. Yet, St. Martha is also held in high esteem by the Church. It is important to know all of her story and to appreciate her for who she was.

Since the 3rd century, the Fathers of the Church have seen in Martha and Mary the right relation between action and contemplation, ministry and prayer. In keeping with her active role, in Christian arts Martha bears a broom, soup ladle or a cooking pot.

**HAPPY BIRTHDAY**

**JULY 29 - AUGUST 4, 2019**

- 29- Amy Sheets
- 30 - Joyce Romanski
- 31 - Nickie Doyle
- 01 - Victor Cervantes, Wendi Downing, Areli Velazquez,
- 02 - Mariette Klesfstad
- 03 - John Bruce, Joyce Moe, Ryan Watson
- 04 - Judy Swetland, Scott Williamson Francisco Godinez

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**Edward Jones**      Brett Hurliman, AAMS\*  
Financial Advisor


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YANKEE CANDLES

**DRIVE UP WINDOW**



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503-842-4457

**Guidelines for Conduct during  
Exposition of the Blessed Sacrament**

- Enter quietly and with reverence
- Genuflect to the blessed sacrament before entering the pew, and whenever crossing before the Blessed Sacrament
- Observe silence during adoration time
- Spontaneous conversation, singing and vocal prayer or sermonizing is not allowed
- Respect the privacy of other adorers
- Please no food or drink in the church
- Please ensure your children do not disturb others during adoration

**Waud's Funeral Home**


1414 3rd Street  
Tillamook, OR 97141



Michael T. Waud \* Louisa Waud  
Thomas A. Waud \* Betty Waud      503-842-7557



**INSCRÍBETE A UN TURNO  
DE ADORACIÓN AL SANTÍSIMO**



**ADORATION OF THE BLESSED SACRAMENT**  
Jesus is here! He is present in the Blessed Sacrament on the Altar every Friday from 8:30 am to 3:00 pm. "Won't you come and spend some time with Jesus?"

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**ADORACION DEL SANTISIMO SACRAMENTO**  
Jesús esta aquí! El esta presente en el Santísimo Sacramento en el Altar todos los Viernes de las 8:30 am a las 3:00 pm. ¿"No puedes pasar un tiempo con Jesús?"